

BlueCross BlueShield of Texas Experience. Wellness. Everywhere.®

Name:	DOB: Actual Age:
L	anguage Spoken Interpreter Name
Date:	16 - 23 MONTHS
NURSING INTAKE	
Height: Weight: H.C.:	Temp.: Pulse: Resp.:
Allergies:	Growth Charts Completed: []
Abuse: Witness or Victim:	Notes:
Alternate health care provider:	MA Signature
INTERVAL HISTORY Breastfeed or Bott	
Diet: Has WIC: Yes / N	o Meds./Vits.:
Illnesses:	Sleep Pattern:
Accidents:	Exposure to tobacco smoke: TB Risk: Yes / No
GROWTH-DEVELOPMENT: Physical activity:	[] 3 block tower [] Developmental screen
[] Walks alone fast	[] Dada, Mama specific [] Autism screen (18 months
[] Indicates wants by pointing and pulling (not crying)	[] Cup, little spillage
[] 7-20 word vocabulary	[] Climbs
PARENTAL CONCERNS:	
PHYSICAL EXAMINATION	Teeth [] Grossly normal, no cavities
General Appearance [] Well nourished and developed	Heart [] No murmurs, regular rhythm
[] No abuse/neglect evident	Lungs [] Breath sounds normal bilaterally
Head [] Symmetrical, A.F. open cm	Abdomen [] Soft, no masses, liver & spleen normal
Eyes [] Conjunctivae, sclerae, pupils norma	
[] Red reflexes present	[] Testes in scrotum
[] Appears to see [] No strabismus	Female [] No lesions, nl external appearances
Ears [] Canals clear, TMs normal	Hips [] Good abduction
[] Appears to hear	Femoral pulses [] Present and equal
Nose [] Passages patent	Extremities [] No deformities, full ROM
Mouth & pharynx [] Normal color, no lesions	Skin [] Clear, no significant lesions
Neck [] Supple, no masses palpated	Neurologic [] Alert, moves extremities well
ASSESSMENT:	
PLAN:	
ORDERS: []Vaccine reactions, risks and follow-up explaine	d / VIS sheet given. [] Hep A (if not up to date)
DTaP (if not up to date) [] MMR (if no	
[] IPV (if not up to date) [] Varicella (i	
	previously done) [] Rx for fluoride .25/.50mg QD, refill till age 2
	d Test (if not in chart) [] Het (if high risk)
[] Prevnar (if not up to date) [] Influenza v	
ANTICIPATORY GUIDANCE: Circle if discussed	
Dietary: Regular meals with snacks, cup only: no bottle (12-15)	mos), junk food
	Education on Fluoride varnish treatment and dental referral
Injury & Violence prevention: Toddler car seat, emergency care plan, no hard objects or food the size of baby's pinky, smoke	
	phone no., childproofing: safety gates, window guards, pool fence, ho
	equipment, tables & chairs, gun in home, protect from UV light, lead
poisoning prevention	and the initial to add house have a second constitution of 1911.
Guidance: Accept negativism, reading to child, toilet awareness	not training, toothbrush use, parent smoking, childcare plan,
sunscreen.	
[] Refer to appropriate agency.	
Next appointment [] 6 months or Signature	Date