



**BlueCross BlueShield
of Texas**

November is American Diabetes Month

Prevent Diabetes Complications with Clinical Testing

As a valued provider, you have the most impact on educating members about the risks of uncontrolled diabetes. The CDC states 77.8% of the adults diagnosed with diabetes report having a doctor who monitors their care, and in most cases a PCP. As a primary care provider, you play a **key role** in educating and monitoring our members with diabetes.

Evidence shows that with clinical testing and patient centered care, we can decrease the likelihood of diabetes associated complications.

Ensure your members receive:

- Yearly dilated eye exams
- Regular A1C tests
- Yearly lipid test
- Routine kidney health exam

The following resources are available for Members:

- [Care coordination](#) and [service coordination](#) departments provide educational resources from the CDC and other research articles
- [BCBS Diabetes Educational tools](#) (Spanish version will be available soon)
- Currently, BCBS is providing a Diabetic incentive gift card upon completion of the yearly dilated eye exam and a separate incentive gift card for completing all 3 diabetic lab tests

More Info:

CDC Lifestyle Diabetes Prevention Program educates members about diabetes prevention.

<https://www.cdc.gov/diabetes/prevention/people-at-risk.html>

Review and reference the [BCBSTX Preventive Care Guidelines \(PCGs\)](#), [Clinical Practice Guidelines \(CPGs\)](#) and [THSteps for Medical Providers](#) which includes all current [vaccine schedules](#), [Immtrac2](#) and other important guidance for treating your patients.

By clicking this link, you will go to a new website/app ("site"). This new site may be offered by a vendor or an independent third party. The site may also contain non-Medicare related information. In addition, some sites may require you to agree to their terms of use and privacy policy.

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