

BlueCross BlueShield of Texas Experience. Wellness. Everywhere.®

Name:	DOB: Actual Age:
	Language Spoken Interpreter Name
Date:	UNDER 1 MONTH
NURSING INTAKE	
Height: Weight: H.C.:	Temp.: Heart Rate: Resp.:
Allergies:	Growth Charts Completed: []
Abuse:	Notes:
Alternate health care provider?	MA Signature
BIRTH HISTORY G P	INTERVAL HISTORY
Pregnancy complications:	Feedings: Breastfeed or Bottle Has WIC: Yes / No
Birth weight: Lb. Oz. Apgar	Stools: TB Risk: Yes / No
Perinatal complications:	Cord:
Family hx of childhood hearing impairment:	Circumcision:
Vag/C-Section	Infant sleeping position:
Hep B given in hospital? Date:	Exposure to tobacco smoke:
	Is mother getting enough sleep?
Immunization Registry done at hospital? [] Yes [] No	is mother getting enough sleep:
PARENTAL CONCERNS:	
CD CALIFFA DEVICE OF TEXT	
GROWTH-DEVELOPMENT	Turns head side to side
Prone, lifts head briefly	[] Blinks at bright light
[] Moro reflex	[] Responds to sound
PHYSICAL EXAMINATION	
General Appearance [] Well nourished and developed	Heart [] No murmurs, regular rhythm
[] No abuse/neglect evident	Lungs [] Breath sounds normal bilaterally
Head [] Symmetrical, A.F. open cm	Abdomen [] Soft, no masses, liver & spleen normal
Eyes [] Conjunctivae, sclerae, pupils normal	Genitalia: Male [] Normal appearance, circ./uncirc. [] Testes in scrotum
[] Red reflexes present [] Appears to see [] No strabismus	Female [] No lesions, nl. external appearances
Ears [] Canals clear, TMs normal	Hips [] Good abduction
[] Appears to hear	Femoral pulses [] Present and equal
Nose [] Passages patent	Extremities [] No deformities, full ROM
Mouth & pharynx [] Normal color, no lesions.	Skin [] Clear, no significant lesions
Neck [] Supple, no masses palpated	Neurologic [] Alert, moves extremities well
ASSESSMENT:	Treated of the first of the fir
ASSESSIVIENT:	
NY 437	
PLAN:	
ORDERS: [] Hep B	[] Obtain newborn hospital records and newborn screen
[]WIC Referral given	[] Newborn Metabolic Screen (if not previously done)
ANTICIPATORY GUIDANCE: Circle if discussed	
Diet: Breast vs. formula feeding, burping, no other p.o. intake, no bottle recumbent, WIC	
Behavior: Feeding, sleeping, crying, hiccups, stools, sneezing	
Injury & Violence prevention: Falls, ability to roll, smoke detector, burns from hot liquids, lead, poisoning prevention phone number,	
locked cleaning supplies and medications, gun safety.	
Guidance: Spoiling, sibling relationships, diaper rash, circ. care, cord care, suctioning, protection from infection, tooth care,	
pacifier, smoking at home, stimulating with hanging objects and bright colors, thermometer use, call MD for fever, sun screen.	
Infant car seat, crib safety, infant sleeping position.	
[] Refer to appropriate agency.	
Does mother have a post-partum visit between 4 to 8 weeks? Yes/	
Next appointment [] 1 months or MD	SignatureDate